

Free Flow

The magazine for LSAC

Jan 2006
Issue 96



In This Months Issue

Capernwray Dives
Annual Awards List
Page 3 Luvlies

Cover Photo Courtesy of Ian Jennings



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At all good Newsagents now....
Hence only downloadable from lsac.co.uk

Editors Bit...



Gary and Daz discuss the finer details of the coming seasons trips at last years annual dinner.
Is Gary waving the White Flag ? Mind you with Daz's arm around you giving the thumbs up I'd wave the White Flag as well.
For the eagle eyed of you yes that is a Barbie doll sat on Gary's lap.

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The saga of my new dry suit has now gone to its second series. Otter who unfortunately made me a made to measure suit for a different sized me, had offered to make a new suit.

Communication is a wonderful thing when it happens. The Yes person forgot to tell the Doing person, so my new suit is still a dream. Although I have been assured that it will be with me next week. I will of course provide the next and "final" instalment next month.

No league tables this month. No not because I'm not winning but the tallyman hasn't tallied, some feeble excuse like work and Xmas no doubt.

Now that Xmas is over it just the annual dinner then the run up to the dive season starts. This means servicing those bottle and regs, working off those extra pounds put on over Xmas and getting back into the water to get dive fit.

Before as already mentioned there's the annual dinner and awards ceremony, so get your tickets, Sue Claver wants your money, get your glad rags and dancing shoes on and "Get on Down"

Pete

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This month's 3 wise monkeys leave a lot to be desired. Can you spot the common denominators leading astray two young innocents. I do declare that Miss Stockdale has acquired a new suit between these shots.

If you would like to become Miss or Mr Feb or know someone who should be, then please email me with the photo and a brief description of why the person should be a page 3 lovely. pete.barnard@power.alstom.com

The Chairman's Knock

Plus

The DO's Bit

Plus

Training Officer's Musing

Welcome to the New Year to one and all. The Annual dinner is a must for all members, it's the time when not only do we dress up and give the dance floor a bit of a going over but we also celebrate and recognise the achievements of the club members. We do this via the annual awards. A list of past winners are presented below, we know that there are a few gaps in the list so if you have the correct information please let us know or the editor of this illustrious publication.

We hope you all have a great year and happy diving to one and all.

Regards

Roj, Neil B and Richard

LUTTERWORTH SUB-AQUA ANNUAL AWARDS

CLUB TRAINEE OF THE YEAR

1987 CARL GAMBLE
1988 ALEX TAYLOR
1989 JANE LILLEY
1990 ALAN EDWARDS
1991 JANE DEACON
1992 ANNEMARIE & STEVE WESTWOOD
1993 STEVE BROWN
1994 PAUL GARDINER
1995 JOHN HARVEY
1996 ANNE LIDDINGTON
1997 SHEILA BROWN
1998 BRIAN SPEIGHT
1999 IAN JENNINGS
2000 MARTYN O'DRISCOLL
2001 MARY PEARSON
2002 DAYRL BILL
2003 STEVE APPLETON
2004 DANIELLE CLARKE
2005

PATHFINDER TROPHY

2000 NEIL TOMLIN
2001 IAN JENNINGS
2002 NIGEL SPICKETT
2003 HELEN ATKINSON
2004 MARTYN O'DRISCOLL
2005

SILVER DOLPHIN AWARD

2000	RICHARD SMART		
2001	IAN JENNINGS	WRECK	16 of 25 votes
2002	PHIL BIGGS		
2003	PHIL TURNEY	NAUTILUS	12 of 24 votes
2004	IAN JENNINGS	Stoney Cove	12 of 28 votes
2005			

LUTTERWORTH SUB-AQUA ANNUAL AWARDS

BRIAN MATON AWARD

2000 LAURA BARNARD
2001 BOB MULHOLLAND
2002 MARTYN O'DRISCOLL
2003 JANET ROELANDTS
2004 ROGER HOLMES
2005

CHAIRMAN'S AWARD

1986 T BRIGGS
1987 R LISCOE
1988 D EVANS
1989 ALEX BULLARD
1990 J & C BOWDEN
1991 R WARD
1992 E PRICE
1993 NIGEL SPICKETT
1994 NEIL TOMLIN
1995 PETE WOODCOCK
1996 R WARD
1997 PAUL GARDINER
1998 HELEN ATKINSON
1999 STEVE GRIMES
2000 MICK FAULKNER
2001 STEVE WESTWOOD
2002 GILL GRIMES
2003 HELEN ATKINSON
2004 NIGEL SPICKETT
2005

Tit Bits from the Internet

British divers claim wreck dive record

Tuesday Jan 3, 2006 @ 06:37
Submitted by [Sara-Lise Haith](#)

From [Divernet](#):

British technical divers Leigh Cunningham and Mark Andrews claim to have carried out the world's deepest wreck dive, after descending 205m to the wreck of the Jolande, off Sharm El Sheikh in Egypt.

In May, Cunningham and Andrews made a series of dives on the steep reef slope down which the cargo ship careered in 1985. Diving to 160m, they found the bow and other strewn wreckage. In mid-December, backed by an international team of 10 support divers, the men returned and located the deepest section, the stern.

"We dived over a five-day period, with three days of deep-air diving to acclimatise and survey the wreckage trail," Mark Andrews told Divernet. "We then did one trimix dive to the bow of the wreck at 155m, and another dive to the stern of the wreck at 205m."

For their deepest dive, the divers had just 5.5 minutes of bottom time on a total dive time of 3hr 24min. For this and other deep dives, Sharm's search and rescue services and hyperbaric chamber were put on standby in case of a serious diving incident.

New Web Site Explores Oceans of the World

Articles / The NEWS @ DEPTH

Date: Wednesday, January 04, 2006 AD - 06:55 AM

The World Ocean Observatory, dedicated to public education about the world's oceans, announced the establishment of its Web site – <http://www.thew2o.net> - an online place of exchange for ocean information and educational services...

The World Observatory, a project of the New York based Open Space Institute (OSI - www.osiny.org), was a recommendation of the 1998 Independent Commission on the Future of the Oceans, said Observatory founder and director, Peter Neill. "It was envisioned as a singular focus and center for ocean information, combining many disciplines and points of view."

The interactive site comprises four elements: The Physical Ocean, an encyclopedic survey incorporating the United Nations Atlas of the Oceans and other repositories of ocean information; The World Ocean Directory, a theme-indexed listing of over 5,000 ocean-related organizations worldwide; The World Ocean Forum, a news and media service, monthly electronic newsletter on ocean subjects, publications, meetings, and on-line exhibits; and, The World Ocean Classroom, an education center and outreach program.

These resources are accessible to the general public and will be further shared through partnerships with existing history and children's museums, science

centers, aquaria, libraries, not-for-profit organizations, government agencies, schools and other educational institutions around the world.

The Observatory addresses the ocean as “an integrated global social system” and looks beyond issues of marine species and habitats to address the ocean in relation to climate, fresh water, energy, food production, public health, trade, transportation, international finance, recreation, culture, governance and the laws of the sea.

“We must understand the ocean as a coherent, connecting force,” said Neill. “It is not an adversary, but rather a global environmental system that, if nurtured and sustained, has tremendous implications for many aspects of human survival.” The devastation of the recent tsunami in the Indian Ocean and the hurricanes in the Gulf of Mexico are tragic demonstrations of the ocean’s negative powers. “We cannot control such force,” argued Neill, “but we can convert it to positive energy, to feed us, to provide new sources of heat and light, to discover new medicines, and to maintain the cultural connections between peoples that has always been a major part of world history.” To experience the site visit: [thew20](#)

The Observatory’s activities are intended to be non-litigious, independent and apolitical, to promote civil discourse, peace and security on the ocean, to affect the inter-generational transfer of knowledge and to reach the largest possible audience worldwide with the greatest effect and economy of scale.

Source: Open Space Institute/World Ocean Observatory

This article comes from DiveNews.Com

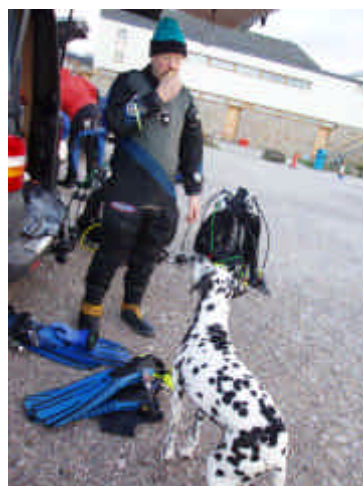
<http://www.divenews.com/>

Info on Capernwray dives.

Well for all of you who did not turn up for the Capernwray dive on December 27th you missed 2 great dives.

The day started at 7am for most of us, Mike Flatt and Martin Wileman meeting at M1 Jun 24 services, and Kev Parker picking Roger Holmes up 20 min's early so the latter blamed Kev for forgetting his food parcel!!.

The 4 of us met for breakfast at Knutsford services before heading north to Capernwray Nr Morecombe where we met up with Clarke Duncan from RR LSAC and the infamous duo of Green & Mulholland.



After we exchanged the usual pleasantries of "who's bloody idea was this it's snowing back home" we duly kitted up. messer's Holmes, Flatt, Parker, Duncan and Wileman dived as a group and left the Green, Mulholland pairing having the extra few minutes to acclimatize.

Dive 1 was a 59 min dive in great vis doing the scenic tour of the underwater objects starting with the plane at 12m which could be easily seen from the surface then a couple of boats, helicopter, oil rig fair ground horses & finishing off with the numerous trout which pose for photo's.

Richard & Bob returned after a good dive "I think" and then headed off to climb some big hill (must be checking if their computers work up hill's)



Dive 2 was a shorter dive as we agreed the cold was setting in Kev's dry gloves forgot to stay dry & Clarke's drysuit came out in sympathy to become a semi-dry. Roger our tour guide for the day had got over his missing lunch "replaced with a mega supa-stack Burger & chips" kindly paid for by Clarke Cheer's Mate (obviously not an LSAC member). So a 56min dive 3 min's shorter than the first, again in great vis this time taking in another boat, deco trapeze, Gnome garden another helicopter, car's and of course the trout.



So as I said 2 great dives in great vis A pity it took 4 hours to get back but a small price to pay for a good day out.

Mike Flatt

2006 Dive Planning								
<u>Date</u>	<u>Destination</u>	<u>Organiser</u>	<u>Type</u>	<u>No.of boats</u>	<u>Level</u>	<u>Spaces</u>	<u>Available</u>	<u>Accommodation</u>
5-12/3/06	Red Sea	Kevin Parker	Hardboat L/A	1	SD	20	0	Liveaboard
13-24/4/06	Loch Fyne	Dave Wilson	Club RIBs	2	All	Unlimited		Camp + Caravan
5-8/5/06	Plymouth	Nigel Spickett	Club RIBs	2	All	10	10	Camp
20-21/5/06	Farnes	Fran Duinker	Club RIBs	2	All	10	10	Camp
2-5/6/06	West Bay	Mike Flatt	Club RIBs	2	All	10	10	Camp
9-12/6/06	Weymouth	Phil Lichfield/Neil Brown	Club RIBs	2	All	10	10	Camp
23-26/6/06	Lymington	Nigel Spickett	Club RIBs	2	SD	10	10	B+B
1-8/7/06	St.Kilda	Nigel Spickett	Hardboat L/A	1	DL	12	0	Liveaboard
14-17/7/06	Lizard	Phil Turney	Club RIBs	2	SD	10	10	Camp
21-24/07/06	Whitby	Pete Woodcock + Steve Appleton	Club RIBs + PW RIB	3	DL	16	16	Camp
12/19/8/06	Scapa Flow	Martyn O'Driscoll	Hardboat L/A	1	Exp. SD	12	1	Liveaboard
25-29/8/06	Farnes	Mike Flatt	Club RIBs	2	All	10	10	Camp
Early Sept	Salsette	Neil Tomlin	Hardboat	1	DL	10 or 12	10 or 12	n/a
Sept	Kirkby Lonsdale	Bob Mullholland	River	n/a	All	Unlimited	Unlimited	B+B
Sept/Oct	West Bay	Martyn O'Driscoll	Club RIBs	2	All	10	10	Camp
October	Estartit	Fran Duinker	Hardboat	1	SD	10 or 12	10 or 12	Apartments
TBA	Baltimore - Eire	Pete Barnard	Hardboat or RIB	TBA	SD	TBA	TBA	TBA
TBA	Brixham	Fran Duinker	Club RIBs + Shore	2	All	Unlimited	Unlimited	Camp
TBA	St.Abbs	Bob Mullholland	Club RIBs	2	All	10	10	Camp
TBA	Anglesea	Ian Jennings	Club RIBs	2	TBA	10	10	TBA

